



Whittingham, Alnwick, Northumberland NE66 4UP
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Thursday 6th October 2022

Wear yellow to show our support of mental health and well-being

Dear Parents/ Carers,

As you know, we are committed to the academic, physical, emotional and mental well-being of our pupils in school and would like to show this commitment by also recognising the important work of the charity, Young Minds.

For your reference, there is also a good reference section on their website -

<https://youngminds.org.uk/resources/>

We are going to join in with Wear Yellow for Young Minds on Monday 10th October and would like to invite every pupil to either wear something yellow (it could even be their PE top) or dress head to toe in yellow!.

We are not asking for donations to be made to school but if you would like to support this charity and donate please do this by either buying something from their online shop –

<https://youngminds.org.uk/the-youngminds-shop/> or following the donate link.

<https://youngminds.org.uk/donate/>

It's #HelloYellow!
Today we're showing young people that they're not alone with their mental health and raising vital funds for YoungMinds.

YOUNG MINDS

Thank you for your support,
Best wishes,
Belinda Athey – Headteacher.

Headteacher: Mrs Belinda Athey

